



NSCA & NSCA SPAIN CLINIC



MARTES
21 DE NOVIEMBRE



9.30h a 13.30h



MADRID
UAX

HORARIO

9.30 *Bienvenida y presentación*

10.00 *Future Trends in Strength and Conditioning*
Dr. Brent Alvar, President of NSCA 🇺🇸 🇪🇸

11.00 *Descanso*

Parte práctica

11.30 *Monitoring and evaluation of athletes*
Dr. Carlos Balsalobre 🇪🇸 *Spanish*

12.30 *Power Training for Tactical Athletes*
Kevin Bowman 🇪🇸 *Spanish*

13.30 *Cierre del clinic*

PATROCINA

UAX RAFA NADAL
SCHOOL OF SPORT
Universidad Alfonso X el Sabio

ORGANIZA



IMPARTE



Dr. Brent Alvar
President of NSCA
*Ph.D. CSCS *D*



Dr. Carlos Balsalobre
Ph.D. BSc, MSc,
*CSCS *D, NSCA-CPT *D*

Kevin Bowman
US Military Officer
*CSCS *D, TSAC *D*



NSCA CEU APPROVED
0.5 CEU

MÁS INFO EN NSCA.ES